

**Student
Handbook**

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WELCOME TO K2 INTERNACIONAL

K2 INTERNACIONAL is a school specialized in the teaching of Spanish as a Foreign Language. You can learn Spanish from level zero to proficiency. We use a teaching method that is being constantly updated, combining lessons in our fully equipped classrooms with outdoor activities which are a fun and easy way of practicing everything you learn in the classroom.

We collaborate with other Spanish organizations in different cultural activities.

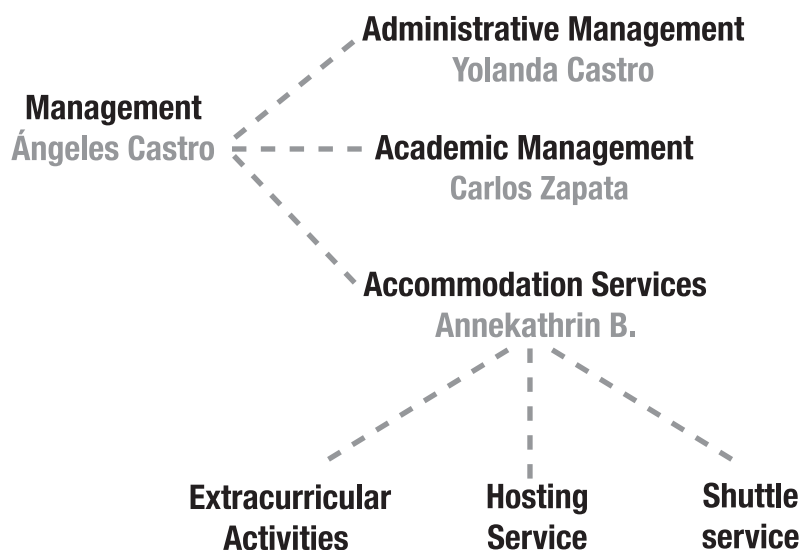
In addition to this, we organize specific courses that help students specialize in those areas which are more necessary or interesting to them. Other courses are the ones that prepare students for passing the different levels of DELE exams; these give access to the Diplomas of Spanish as a Foreign Language.

K2 INTERNACIONAL is conveniently located in the historic part of our city, in one of its most important and central plazas. Within easy reach of the following destinations: Seville, Malaga, Jerez, Tarifa, etc.

We welcome you and ask you to ask for help any time you need. We will try to help you the best way we can. Our goal is to make your time here as pleasant as possible.

IMPORTANT: Please, read this handout attentively. All the information here may be helpful during your time with us.

WHO IS WHO IN K2 INTERNACIONAL?



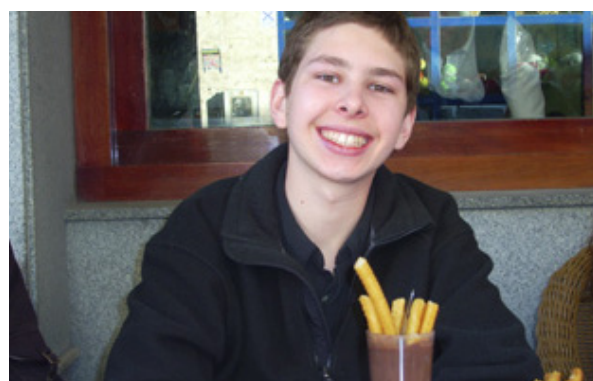
YOUR FIRST DAY

On your first day at K2 INTERNACIONAL, you should be at the school at 9:00 am in the morning.

The reason for this is that you have to take a written test and an interview so as to be placed in your right level.

Moreover you will have breakfast with K2 INTERNACIONAL staff who inform you about the city, the school, your course, the extra-curricular activities of the week, etc. for you to enjoy your stay with us from the very first day.

You will also receive all the didactic materials you need to start your course.



SPANISH COURSES

Choose between a group, private or semiprivate course.

GENERAL SPANISH COURSES (all levels A1-C2)

- Standard (20 lessons per week).
- Intensive (25 lessons per week).
- Superintensive (30 lessons per week).

LONG DURATION COURSES (all levels A1-C2)

25/30 lessons per week.

SEMESTERS, WHOLE ACADEMIC YEAR COURSE (all levels A1-C2)

25 lessons per week.

DELE PREPARATION COURSES (all levels A1-C2)

20 + 5* lessons per week.

CARNIVAL AND HOLY WEEK COURSES (all levels A1-C2)

20 + 3* lessons per week.

PRIVATE AND SEMIPRIVATE LESSONS (all levels A1-C2)

PROFESSIONAL COURSES (levels: B1-C2)

- Business Spanish (20) / Business (10) per week.
- Tourism Spanish (20) / Tourism (10) per week.
- ELE Teachers 30 lessons per week + practices in the classroom.

SPANISH COURSES 50+ (all levels A1-C2)

Spanish (20) + Culture and Society (2) lessons per week +Extra Activities*

LANGUAGE TRIPS FOR GROUPS (all levels A1-C2)

20/25/30 lessons per week.

COMBINED CITIES SPANISH COURSES (all levels A1-C2)

25 lessons per week.

**THERE ARE 6 DIFFERENT
LEVELS FOR EACH GENERAL
LANGUAGE COURSE**

- A1** Beginner
- A2** Elementary
- B1** Intermediate
- B2** Upper Intermediate
- C1** Advanced
- C2** Superior

STANDARD

The Spanish Standard course is appropriate for those students who would like to study Spanish **for 4 to 12 weeks**. You have **20 lessons per week** including several **cultural extracurricular activities** such as a guided visit to the historic old town of Cádiz or for leisure the welcome party.

This course is available **for all levels**, from Beginners to the most Advanced.

The **number of students** per class **has been reduced** so that we can guarantee you personal attention. Teachers also take part in the extracurricular activities in order to strengthen the relationship between teacher and student.

Classes include: **Grammar, vocabulary, expression and written and oral comprehension (conversation) and knowledge of Spanish language and culture. All classes are based on the active participation by students.**

The Standard course is available from the 1st of January until the 25th of June and from the 4th of October until the 17th of December 2010. For the summer months you can go for the Intensive course.

INTENSIVE

The Intensive course is designed for those students who wish to study Spanish or improve their level of Spanish in a **short period of time as quickly and efficiently as possible**. You have **25 lessons per week** including several extracurricular cultural activities such as a guided tour of the historical old town of Cádiz, welcome fiestas, culture workshops, etc.

This course is available **for all levels**, from Beginners to the most Advanced. It follows the same structure as the Standard course but you get **one extra daily class (lasting 50 minutes) of oral expression and comprehension and aspects of the Spanish culture**. The course is available all year around.

SUPERINTENSIVE

This course is appropriate for those students who wish to **learn Spanish in a short period of time** during their stay in Cádiz.

You will have 6 daily classes. This course is available for all levels from Beginners to the most Advanced. It follows **the same structure as the Intensive course but you will get 5 extra classes per week**.

The students who take part in extra classes identify the topics and aspects to be dealt with each day with their teacher such as particular **aspects of the language or grammatical structures**. At other times you will practice conversations which will help you to improve your level of expression and oral comprehension.

This course is available all year around.

GENERAL SPANISH COURSES		
Schedule	Lessons	Standard Intensive Superintensive
9:30–11:00	1 ^a 2 ^a	Grammar and vocabulary: words and new expressions, expression and written and oral comprehension (conversation) and knowledge of the Spanish language and culture.
B R E A K		
11:30–13:00	3 ^a 4 ^a	Strengthening of the expression and oral comprehension and aspects of the Spanish culture.
B R E A K		
13:10–14:00	5 ^a	Aspects of the language, strengthening of the grammar, conversation, ...
B R E A K		
14:10–15:00	6 ^a	

LONG TERM COURSES (all levels A1-C2)

Students who stay longer than **12 weeks** can take advantage of a great reduction on the course price. Don't miss out on a great opportunity to learn and practice Spanish in everyday situations in the historic Spanish city Cádiz. You can choose between an **Intensive or Superintensive course**.

SEMESTER, ACADEMIC YEAR (from 24 to 48 weeks) (all levels A1-C2)

The course addresses those students who wish to take some time off from their studies and use the time to study Spanish. This knowledge of the Spanish language and culture will be knowledge for life.

Learning a language requires **total immersion** for it to be most efficient and for making it possible to acquire idiomatic skills in the most natural and intuitive way. A lot of our students decide to take a gap year in their lives in order to study Spanish in one of our Semester or Academic courses. Be one of them and get your special offer with K2 INTERNACIONAL, if you are in the same situation and your main interest is to speak Spanish fluently in real everyday situations.

After you have attended a course of **24 to 48 weeks** we guarantee you that you will never forget the Spanish you have learnt with us. You will attend a Spanish Intensive course + **1 weekly lesson of tutorial** after the 12th week.

DELE PREPARATION COURSE (all levels A1-C2)

If you wish to obtain an official diploma of your Spanish language skills we recommend the DELE Preparation course. Diplomas of Spanish as a foreign language (DELE) are official titles guaranteeing the level of competence and command of the Spanish language, which are awarded by Instituto Cervantes in the name of the **Spanish Ministry of Education** (<http://www.mepsud.es>)

According to our experience, attending a DELE Preparation course of 2–4 weeks once you have reached the level you want to take the DELE exam (**through a General Spanish course in your country or with us**) is the best way to prepare yourself for the exam. We can also arrange for you to sit the DELE exam in Cádiz following the Preparation Course.

There are 4 different DELE exams:

- The **Diploma of Spanish Level A1** accredits you to have sufficient linguistic competence to understand and use everyday expressions in any Hispanic country in order to cope in a foreign environment.
- The **Diploma of Spanish Level B1 (low intermediate)** accredits you to have the basic linguistic competence to understand and handle everyday situations appropriately and to be able to express wishes and needs.
- The **Diploma of Spanish Level B2 (upper intermediate)** accredits you to have the linguistic competence needed to easily face everyday situations under normal circumstances which do not require special terms.
- The **Diploma of Spanish Level C2 (Superior)** accredits you to have the linguistic competence needed to face situations that require the use of elevated language and the knowledge of Spanish culture which manifests itself in the language.

K2 INTERNACIONAL is member of the examination board of the DELE exams in Cádiz.

TRAINING EXAM
Every Thursday
04:00–07:00 p.m

2012 DELE EXAMS
25/05, 24/08 & 9/11.
Planned by Instituto Cervantes.

COURSES DURING CARNIVAL AND HOLY WEEK (all levels A1-C2)

By attending these courses you get the opportunity to get to know the fascinating “fiestas españolas”. This course is appropriate for those students who wish to study Spanish in a short period of time and at the same time learn more about Spanish culture and traditions.

You have 5 Spanish lessons per day like when attending our Intensive course, plus 1 extra class of Spanish culture and society. This course also includes extra activities which make it easier for you to learn more about the fiesta which takes place during your stay.

PRIVATE & SEMIPRIVATE LESSONS (all levels A1-C2)

If you need to study certain topics and you do not have time to attend a General Spanish course, or you want to learn at your pace and want conversation classes tailored exclusively for you, then our Private Lessons are the best option. These classes are flexible; you decide on the number of Private Lessons and if you like you can even combine them with a General Spanish course.

On the first day of your class you will meet up with your teacher and discuss your needs and objectives so that he or she can design the most appropriate study programme for you.

Our Semiprivate Lessons are designed for two people who have the same level of Spanish and wish to be taught together. You decide on the number of lessons.



COURSES FOR PROFESSIONALS (Levels: B1-C2)

BUSINESS SPANISH COURSE

“Improve your skills to negotiate in Spanish designed after your job and the needs of your company”

Our Business Spanish Course is perfect for those who wish to develop their negotiating expertise, improve the linguistic skills and strategies in the business world in Spain. This course deals with concepts of commerce in Spain, analysis and practice of different types of negotiations, roles and positions, jargon and commercial strategies, cultural differences, elaboration of reports and commercial letters, interviews with Spanish companies and much more.

You can choose between a course lasting either 2 or 4 weeks. This course should be combined with a General Spanish course and we recommend you are able to speak Spanish to at least a B1 level.

Start dates: 09/04/12, 02/07/12 and 15/10/12 (For other dates, please contact us).

SPANISH TOURISM COURSE

This course focuses on the world of tourism: travel agents, tour operators, pilots, flight attendants, students of tourism, guides and much more. Students of this course will get the chance to discuss topics of interest with experts in companies and touristic events. Our Spanish Tourism course helps you to acquire a better and richer vocabulary and to improve your level of written and oral comprehension in an interactive way through situations like guided visits, room reservations, dealing with complaints, etc.

You choose between a course lasting either 2 or 4 weeks. This course should be combined with a General Spanish course and we recommend you are able to speak Spanish to at least a B1 level.

Start dates: 09/04/12, 02/07/12 and 15/10/12 (For other dates, please contact us).

COURSES FOR SPANISH TEACHERS (ELE)

70 lessons (60 lessons and 10 lessons taught by you)

This course is especially designed for teachers of Spanish as a Foreign Language or those interested in starting their career in this prosperous sector.

K2 INTERNACIONAL offers you a complete course consisting of 30 lessons per week and practical teaching experience with students from around the world. This course provides you with the didactic material and everything you need to competently manage your future Spanish classes.

The course is divided into two main parts:

-In the morning: Programme and evaluation, study of skills, means and strategies covering all levels, carrying out didactic units supervised by a teacher as well as case studies.

-In the afternoon: Twice a week you get the opportunity to help teach a Spanish class. Your teacher will continually assess your teaching skills, applying techniques such as videotaping the classes further analysis and the practical implementation of different aspects such as cultural diversity, the dynamics of the group, success in the pre-established objectives, etc.

Do not miss out on the opportunity to enter our ZONE ELE where you can find all the didactic means at your disposal.

Start dates: 09/04/12, 02/07/12 and 15/10/12 (For other dates, please contact us).

CURSOS DE ESPAÑOL 50 + (all levels A1-C2)

Number of classes per week: 20 lessons (4 lessons per day) + 2 culture and society lessons per week.

Number of weeks: 2

Levels: All levels. From Beginners (A2) to Advanced Intermediate (B2)

Maximum number of students: 8

Schedule: from 9:30 to 13:00, Monday to Friday.

Culture and leisure programme: 2 visits or excursions per week, 2 dinners, 1 breakfast and one spa session.

Start dates: 13/01/12; 9/04/12; 18/06/12; 15/10/12 and 12/11/12

OTHER COURSES

For any further information regarding other Spanish language courses, you may ask at the reception desk, have a look at our brochures or visit our website: WWW.K2INTERNACIONAL.COM



MATERIALS

The price of the course includes all the material needed for the classes, except the Student book according with the course that you have booked (25 euros). If you pass from one level to the next one, you will receive a new book. You will not have to pay any extra.

You will receive:

- Photocopies used during the lessons when doing an activity that is not in your book.

Apart from these materials, we consider very important the use of a wide range of resources. For example:

- Role games: memo technique, logical, word games...
- Different sizes photographs and images.
- Comics.
- Slides and transparencies with its projectors.
- Video tapes and listening.
- Computers.

You can borrow books, video, CD ROMs and music.

GENERAL SCHOOL RULES

We ask you to respect the following rules, so the school environment will be pleasant for everyone:

- 1** Be punctual.
- 2** Do not eat inside the classrooms.
- 3** Look after all the material of the school.
- 4** Be polite and respect the other students and teachers.
- 5** Be participative and work hard.
- 6** Do the homework.
- 7** Throw chewing gums into the bins.
- 8** Do not put your feet on the chairs.
- 9** Don not throw papers to the floor.
- 10** It's not allowed to smoke in the school.
- 11** Use the computer, exclusively for sending and receiving legal information.
- 12** If you would like to extend your course, please contact the course counsellor as soon as possible.

EXTRA ACTIVITIES

K2 INTERNACIONAL organises a wide range of extra activities to create a friendly atmosphere, assist students, and make Spanish-learning fun!

The most important activities are: Guided visit to the city, excursions, barbecues, parties...

The school also weekly provides information about everything happening in the city: concerts, art exhibitions, theatre performances.

If you need additional information about any activity you would like to do and which is not in the program, please ask at the information desk.



SHARED FLATS

Although students are given a list with accommodation rules, they will be living with other people so they will have to set their own rules, such as cleaning schedule, food cooking, T.V. programs and general expenses...

Double rooms are only for those students who enrol together.

Gas, electricity and water expenses are included in the price.

The accommodation starts on Sunday before the first day of the course at 18:00 h. and ends on Saturday at 12:00 h. after the last day of the course.

Shared flat accommodation rules:

- Keys should only be given back to the staff at the school.
- It is not permitted to lodge friends or relatives within the flat.
- You must look after all the household items (otherwise all unreasonable damages incurred will be charged to you).
- You must keep the flat as clean as you found it on the first day.
- You must respect the common areas.
- Light and water must be turned off when not in use. (Don't waste energy).
- Everyone is responsible for the keys they are given. In case of loss, please, immediately inform the school. (The student will be charged with the costs of new keys).
- Communicate to the school any anomaly.
- Please, respect your neighbours. Loud music and noise is not permitted after midnight.
- You must take the rubbish out at 22:00 and take the green container out in the street.
- You are not allowed to move furnitures and other objects.
- K2 Internacional is not responsible for any lost of personal items within the flat.
- When you leave your homestay, leave your bedroom tidy and make sure that you don't forget anything.

SPANISH FAMILIES

MEALS

Most Spanish people eat the following three meals each day:

BREAKFAST: This meal is served between 8:00 a.m. and 9:00 a.m. For many families, breakfast is quick and casual. Coffee, cereals, toast, churros...

LUNCH: Most Spanish people have lunch between 14:00 and 14:30. This is usually the largest and most formal meal of the day. Many people have soup or salad before the main course. The main course can be chicken, pork, vegetables ... In Andalusia, our Spanish cooking is really traditional and there is a wide range of meals and desserts often served after the main meal.

DINNER: Most Spanish people have dinner between 21:30 – 22:30. Dinner might consist of soup, salad, sandwiches or a variety of other foods.

If students are taking half board, we advise them to choose lunch, as it is the main meal and thus they will have the possibility to get to know most of the Spanish traditional dishes.

CULTURE

Spain doesn't have many different racial or religious origins. For these reason most of the Spanish families have the same customs. Your homestay family will have its roots in Spain and the majority are catholic although they are used to having students belonging to other religions stay with them. It is customary to give to kisses when being introduced or greeting friends.

Students might have trouble speaking with their homestay family at the beginning, but they must not give up! It is normal to have some difficulties at first.

HOMESTAY HOST FAMILY RULES

For an enjoyable homestay experience, be prepared to participate.

- Adapt to your new lifestyle and join in activities in the homestay.
- Speak Spanish in the homestay whenever possible.
- Accept their customs and explain yours.
- During your stay in the homestay, be polite and considerate to your hosts.
- Your accommodation will be available on the Sunday before the start of your course (from 18:00 to 20:00). It will finish on the Saturday after the last day of your course (at 12:00).
- Tell your hosts if you are not going to be at home.
- Call if you will be home late.
- Discuss weekend plans in advance.
- Ask your hosts before you invite friends to your homestay. It is not permitted to lodge friends or relatives.
- Should you lose your keys, please inform the family at once.
- Most of the families just have one bathroom; please do not spend too much time there.
- Light and water must be turned off when not in use (do not waste energy).
- Should you receive phone calls, please advise your family and friends to phone no later than 12:00 p.m. Spanish time.
- You are responsible for all expenses.
- Students pay for their transportation to and from their homestays.
- You are not allowed to make phone calls from the telephone of your host family. You can pay for your international calls by purchasing a telephone card.
- Students have to pay for their own shampoo, tooth paste, and other hygienic items.
- You should keep your room neat and clean:
- You must look after all the household items (otherwise all unreasonable damages incurred will be charged to you)
- Offer to help with some chores around your homestay.
- Make your bed in the morning.
- Wash your own clothes. (Many families will do it for you, but it's not an obligation for them).
- When you leave your homestay, leave your bedroom tidy and make sure that you don't forget anything.

If you have any homestay problems, please tell the Homestay Coordinator. We are here to help you have an enjoyable visit. Remember, however, that changing homestays is a serious matter, and may only be done if the Homestay Coordinator feels it is justified. Just as your host family makes a commitment to you, you make the commitment to spend the full duration requested in a homestay. If you leave your homestay without properly informing the school, you might not receive a refund for your homestay fee. We ask students to inform the school as soon as possible if they would like to stay longer with their homestay.

OTHER ACCOMMODATIONS

If you prefer to stay in a hotel, hostel, youth hostel or residence, please consult your K2 INTERANCIONAL Counsellor, he/she will supply you with information and approximated fees.

If you prefer to have your own apartment, you should contact the school in order to tell us your particular preferences and budget. The school will advice you and look for something according to your needs. You will take the last decision about the apartment.

The price will depend on the size, location, season and your particular specifications.

CONTACTS

Course counselors will help you choose the Spanish course that best suits you, organize your trip, and they will provide you with extra information about the city and help you with any enquiry or doubt that you have.

E-mail: info@k2internacional.com

Skype: informacionk2internacional

Tel/Fax: (0034) 956 212 646

Mobile phone: (0034) 600 477 977

Address:

Plaza del Mentidero, 19

11003 Cádiz

K2 Internacional in  : "STUDY SPANISH IN CADIZ– K2 INTERNACIONAL"

K2 Internacional in  : "STUDY SPANISH IN CADIZ– K2 INTERNACIONAL"

IN CASE OF EMERGENCY

We advise you to always take this information with you.

If you have any problem, please do not hesitate to contact the school.

Tel: (0034) 956 212 646

Mobile phone: (0034) 600 477 977

OTHER TELEPHONES OF INTEREST

National Police	091
Local Police	092
Fire Department	085
Emergencies	112
Emergencies Ambulances	956 47 01 90 / 956 47 01 91
Red Cross Ambulances	956 22 22 22
Rescue and Maritime Security	900 20 22 02
Guardia Civil	956 22 11 00
Protección Civil	956 22 85 00
Atención al Ciudadano	956 24 10 15
Post Office	956 21 39 45
Diputación de Cádiz	956 24 01 00
Grúa Municipal	956 22 81 03
RENFE (Trenes)	902 24 02 20
Tráfico	956 22 27 05
Autobuses (COMES)	956 21 17 63
Taxis (UNITAXIS)	956 21 21 21

ADVISES

Cadiz is an especially secure city, nevertheless, as in any other places you must be careful. We advise you as follows:

- Look after your luggage and do not leave it alone at the airport, bus station or railway station.
- Do not leave your bag unattended in bars, restaurants, visits... If you are alone at the beach, you can ask someone to watch your belongings when you go swimming.
- Leave your valuables at home.
- In case of theft, please communicate it immediately to the police. If you need help, please do not hesitate to contact the school or the family.

Always take with you:

- A photocopy of your passport.
- Address of your accommodation.
- The emergency telephone of the school, the program coordinator and your host family.
- Your medical insurance card.
- If you have any problem, first make yourself aware of the situation to see if you can handle it. The experience of travelling to another country also includes being able to solve some small problems that might occur.
- Speak with your host family who will contact the school or contact the school directly.

SERVICES

Accommodation, transfer & insurance services.

Extra curricular activities. Guided excursions to famous attractions. Social activities, fiestas, tapas dinners, flamenco performance and more.

Free internet access: 

Free fax, phone e-mail and post reception services.

Personal care and welfare services.

Student's reception on the arrival day.

Free Spanish Film viewing

Free book, video, and music library (students can borrow learning material to practice and improve what they learn inside the classroom).

Free language exchange with Spanish students "Intercambio"

Fotocopies: 0'30 €

Fax:

- Local: 1 € page/call
- National: 2 € page/call
- International: 4 € page/ call

GENERAL INFORMATION

TRANSPORTS

A lot of people in Spain use the public transport system; being in most cases the most convenient, fast and cheap way to travel. If you would like to travel by train and need information about the timetable and destinations you can call for information at tel: 902 24 02 02 or also find it on the web at: www.renfe.es

For information about bus trips within Cádiz or for any of the other means of transportation mentioned above always ask the school.



URBAN BUSES IN THE CITY OF CADIZ

GENERAL INFORMATION:

Billete – 1€

Bonobús – 6,35€

Line 1 – PLAZA ESPAÑA – CORTADURA

Line 2 – PLAZA ESPAÑA – PUNTALES – BDA. LORETO

Line 3 – PLAZA ESPAÑA – BDA. DE LA PAZ – PUNTALES

Line 5 – PLAZA ESPAÑA – BDA. LORETO – ZONA FRANCA

Line 7 – INGENIERO LA CIERVA – GLORIETA SIMÓN BOLIVAR

INTERCITY BUS

TRANSPORTES GENERALES COMES

ALGECIRAS

Address: Frente a RENFE

Telephone: 956 65 34 56

Cádiz

Address: Plaza de Sevilla s/n

Telephone: 956 80 70 59 / Fax: 956 80 72 46

Reservas: 956 80 70 59

JEREZ DE LA FRONTERA

Address: Plaza de la Estación

Telephone: 956 34 21 74 / 956321464

LA LÍNEA

Address: Plaza de Europa, s/n

Telephone: 956 170 093

TARIFA:

956 684 038

LOS AMARILLOS

Cádiz

Address: Avda. Ramón de Carranza 31

Telephone: 956 28 58 52 / Fax: 956 28 51 50

JEREZ DE LA FRONTERA

Address: Plaza de la Estación

Telephone: 956 32 93 47

TAXIS

Radio-Taxi Cádiz

24 hour telephone service: 956 21 21 21/22/23

TRAIN

RENFE Cercanías Cádiz

Delegación Cádiz

Address: Plaza de Sevilla, s/n. Estación de Cádiz 11006 Cádiz

Telephone Clients: 902 239 969

Telephone Information: 902 240 202

Email: clientecadiz@renfe.es

BOATS

TRANSMEDITERRANEA

Delegación Cádiz

Pasajes: Estación Marítima, Muelle Alfonso XIII, s/n. Fax 956 22 20 38

Carga: Avda. Ramón de Carranza, 26–27 C.P. 11006

Tel. 956 29 28 11

Information and reservations: 902 45 46 45

EUROFERRYS

Delegación Algeciras: Estación Marítima Área Comercial

1ª planta C.P. 11207

Telephone: 956 65 20 65

Fax: 956 66 83 32

Email: marketing@euroferrys.com

BUQUEBUS

Estación Marítima Área Comercial 1ª planta

11207 ALGECIRAS

Telephone: 956 65 20 65

Fax: 956 66 83 32

Email: comercial.alg@buquebus.es

CATAMARÁN

Consortio de Transportes. Bahía de Cádiz

Cádiz – El Puerto de Santa María – Rota

Telephone: 956 01 21 00

Web: <http://www.cmtbc.com>

Email: usuarios@cmtbc.com

MOTO NAVE “ADRIANO III” (EL VAPORCITO)

PUERTO DE SANTA MARÍA

Information and reservation s: 629 468 014

Email: adriano@vapordeelpuerto.com

AIRCRAFT

AENA

AENA: Aeropuerto de Jerez, Apto. de Correos, 579 CP 11401

Address: Ctra. N–IV (5ª de Jerez), connection A–4 Sevilla–Cádiz.

Telephone: 956 15 00 00

Fax: 956 15 00 61

ACCESS

Road:

From Cádiz on the N–IV, direction Madrid, exit 8 km from Jerez at km 628,5.

From Cádiz on the A–4, exit Jerez – Norte.

From Sevilla on the A–4, exit Jerez – Norte.

From Sevilla on the N–IV, direction Cádiz, exit at km 628,5

From Gibraltar on the carretera comarcal 440 to Jerez, connecting to the N–IV.

TOURIST INFORMATION OFFICES

TOURIST RECEPTION CENTER: Paseo de Canalejas s/n

TOURIST OFFICE OF THE BOARD OF ANDALUSIA: Avenida Ramón de Carranza s/n

TRAVEL LINKS ON CADIZ

www.cadiznet.com

www.guiadecadiz.com

www.cadizturismo.com

www.cadiz-turismo.com

www.cadizayto.es

PHONE

There are public telephones available almost everywhere in Spain. They can be used to make calls anywhere in the world and offer instructions in several languages. These telephones function with euro coins and phone cards. There are also public telephones requiring credit cards. Also in the most important cities, there are telephone offices open all day. To call outside Spain it is necessary to dial 07 and, after hearing the international tone, the country code, city code and the respective number. Spain's international country code required when calling any number in Spain from abroad, is 34. It is necessary to then dial the provincial code and then the respective telephone number.

ELECTRICITY

220 volts AC

POST OFFICE

Address:

Plz. Topete s/n 11001 Cádiz

Telephone: 956210511

Timetable:

From Monday to Friday: 08:30 –20:30

Saturday: 09:30 – 14:00

If you would like to receive letters and parcels while you are in Cádiz, we advise you to have them sent to the school's address rather than to your accommodation. A member of the school team will pick them up and deliver them to you.

MONEY EXCHANGE

The official currency in Spain is the Euro.

You can exchange money and travel cheques in any bank (Monday to Friday from 08:30 to 14:00). Around the school you will find several banks.

You can also change money at the airports and 4 and 5 stars hotels (in this case the commission will be more expensive). You can pay with credits cards in most of the shops and restaurants.

CUSTOMS

You have to know that in Spain the life style and customs differ from your country. Therefore, if you don't understand something the most important thing is not to be negative. As always, you can ask your host family or the staff of the school to explain it to you. Something that can be strange for you is, for example, the physical contact. Even if people are not very close the custom is to give two kisses when saying hello or goodbye.

What is the meals timetable?

Breakfast is usually at 08:00. The time depends on the work or study timetable of the family. Between breakfast and lunch it is very common to have a coffee a juice and something to eat.

Lunch is usually at 14:00

Dinner is usually at 22:00.

During the weekend the meals' timetable is usually more flexible and meals tend to be a little bit later.

HOURS

Perhaps because of the benign climate and the long hours of sunshine in Spain, Spaniards tend to get up later in the morning and stay out later at night than the rest of their European neighbours.

Shops and businesses: They are usually open from 9 or 9:30 am to 2:00 pm and from 4:30 or 5 pm to 8 or 8:30 pm though it has become more and more common for businesses to stay open through the traditional "siesta" hours.

Business establishments are usually closed for a day and half per week, most often Saturday afternoon and Sunday, while many shops close only on Sunday. In tourist areas, in summer, business hours are often expanded to 10 or 11 pm with stores open 7 days a week.

Restaurants:

Restaurant hours are quite varied, with the norm being from 1:30 to 3:30 pm for lunch and from 8:30 to 11 or 11:30 pm for dinner. In summer, these hours are often expanded, with many establishments offering continuous service.

Bars:

Bars are usually open all day and close late at night.

In general, the nightlife in Spain is quite intense, and the bars and discotheques stay open long past midnight. In summer, they often stay open past 3 or 4 am.

Pharmacies:

Pharmacy hours are established by each town's City Hall, though such establishments are generally open from 9.30 am to 2 pm and from 4:30 to 8:00 pm. Besides this set schedule, however, a series of pharmacies are required to remain open on an "on call" basis as well. All pharmaceutical dispensaries provide a list of addresses of the establishments that are "on call" with the nearest ones clearly indicated. This list is also printed in the daily newspaper "Diario de Cádiz".

Banks:

Bank offices are open for business from 8.30 am to 2:30 pm Monday through Saturday, except in the summer months when they are closed on Saturday. Some branch offices are open in the afternoon.

TIPPING

Tipping is a great tradition in Spain. While some establishments currently include a surcharge for service it is still common to leave something of a tip.

This custom is common in bars and restaurants. Generally the service is included in the bill. But it is custom to leave a tip between 5 and 10% of the total price.

To hotel porters, we recommend giving 1 euro. And 5% of the total taxi fare to the taxi drivers.

Nevertheless in none of these cases is it obligatory nor will anyone reproach a client for not tipping.

Another good way of getting to know Cadiz is through its cuisine. There are uncountable restaurants, seafood bars, taverns and 'chiringuitos' (beach stalls) where you are able to taste all kinds of fish, seafood, cured meats, and desserts. You can either sit down to a formal dinner or eat as the Spanish do, enjoying 'tapas'; small plates of a variety of different dishes served informally at many bars and restaurants throughout the city.

Cadiz's cuisine has the privilege of being one of the oldest in the West. Its cooks had the opportunity to include the most interesting features of the gastronomic heritage of the different civilizations that passed through the city during its history. Cadiz's main products are fish and seafood. They can be prepared in many ways: marinated, grilled, steamed, stewed, in soups, fried... but always delicious!

Some of the most traditional dishes are:

Doradas, Urta, Turbot, Plaice, Pijota, Mojarra, and Merluza.

Dogfish marinated

Mackerel roasted with piriñaca

Picadillo of tomato

Tortilla of shrimps

Bienmesabe

Prawns, King Prawns, Mouths, Cañailas.

Wines: Amontillados, Olorosos, Manzanillas, Candies, Brandies

Desserts: Turrón of Cadiz

PLACES OF INTEREST

Theatres

Gran Teatro Falla: Plza. de Falla s/n

Teatro José María Pemán: Parque Genovés s/n

Sala Central lechera: Plza. Argüelles s/n

Café-Teatro Pay-Pay: c/ Silencio s/n

Exhibitions

Baluarto de la Candelaria: Alameda Apodaca

Palacio de Congresos: Plaza de Sevilla s/n

Sala Viva la Pepa: c/ Valverde, 18

Galería Milagros Delicado: c/ Diego Niño, 3

Garería Benot: Avda. Ramón de Carranza, 10

Museo de Cádiz: Plaza de Mina s/n

Casa Pemán: Plaza de San Antonio s/n

Visits

Puerto de Sta. María

Jerez

Sanlúcar

Conil

Véjer de la Frontera

Excursions

Ruta de los pueblos blancos

Sevilla

Córdoba

Granada

Marruecos

Monuments

Baluarto de la Candelaria

Its mission was to defend the north–west of the city. Built by D. Diego Caballero de Illescas in 1672.

Casa de las Cadenas

This building houses the province's history archives and was built by D. Diego de Barrios de la Rosa in 1693. It is a magnificent palace/ house in the baroque style.

Castillo de Santa Catalina

It belongs to the defensive walls of the Caleta beach and was ordered to be built by king Felipe II in 1598, after the English ransacked the city.

Catedral de Cádiz

Begun in 1722 the Cathedral was completed in the middle of the 19th century.

The main facade, with three porticos and elegant towers, presents concave and convex forms.

At the rear appears the dome covered with glazed tiles.

In its crypt are buried two illustrious personalities from Cádiz, the composer Manuel de Falla and the poet José María Pemán.

Catedral vieja (Iglesia de Santa Cruz)

Built in 1838 as 'the Cathedral of Cadiz', it is now known as the Old Cathedral and is built on the site of an ancient mosque. The original primitive church was built by the order of Alfonso X the Wise. It was destroyed several times but the Arch of Income and the Gothic vault with the chapel of the Baptism have been retained.

Gran Teatro Falla

Built on the site of the "Great Theatre", it was constructed of wood in 1871 by the architect Garcia of the Alamo and it was destroyed by fire in August 1881. The new building is of the 'neomudejar' style and the facades are of red brick, with tonal arches. In the main facade three large arches are contrasted in red and crème brick work.

El hospital de mujeres

Finished in 1749, the facade is the work of Pedro Luis San Martin. The facade consists of three parts and displays many decoration features.

Iglesia de Sto. Domingo

The church was built in the middle of the 17th century. It is the work of Antón Martín Calafate and Bartolomé Ruiz.

Virgen del Carmen

Construction began in 1743, directed by the master–builder José Bolaños Jimenez and the church was finally blessed in 1762. It is of the Baroque style, with a Latin American cross. In the ancient building place is venerated, under a canopy, the image of the Virgin of the Carmen. The facade is very slender, leaving large clean spaces of decoration, which we find on the marble front with two Ionic order column parts and flowers. Worth mentioning are the two steeples that rise above the facade, where all the fantasy of the baroque decoration can be seen.

Museo Catedralicio, Casa de Contaduría

La Casa de Contaduría is based in the Roman Theatre. The western part was built for the compatriots of Cornelio Balbo in the first century B.C..”

Museo de Cádiz

Discovered a century apart, this pair of marble sarcophagi are the cornerstone of the Museo de Cadiz's exceptional archaeological collection. The archaeologist who discovered the male figure in 1887 always hoped some day to find its female counterpart. Nearly a century later, in 1981, the female figure was found in the archaeologist's own backyard! The female dates from approximately 470 B.C. and the male from 400 b.C.

Torre Tavira

Torre Tavira is the biggest watchtower in the city. It is also home to the Cámara Oscura; a 'camera' which projects a moving picture of the whole of Cádiz into a large dish shaped screen.

Bars and Restaurants

Achuri: Plocia, 15
Arana: Paseo Marítimo, 4
Arte Serrano: Paseo Marítimo, 2
Balandro: Alameda Apodaca, 22
Casa Grimaldi: Plaza de la Libertad, 9
Cumbres Mayores: Zorrila, 4
El aljibe: Plocia, 25
El Balneario: Virgen de la Palma
El Delfín azul: Paseo Marítimo, 23
El Español: Paseo Marítimo, 3
El Faro: San Félix, 15
La Despensa: Escritor Ramón Solís, 9 y 10
La Perola: Canovas del Castillo
La Bella Italia: Plz. De Fragela, 2
Telepizza: Plz. De San Antonio

Flamenco

Peña Flamenca “La Perla de Cádiz”
La Cava
Taberna Flamenca El Marqués de Cádiz
Baluarte de la Candelaria (verano)

Pubs and discos

El Hoyo: c/ Manuel Rancé
El Archivo de Indias: c/ San Antonio Abad, 5 izq.
Medussa: c/ Beato Diego
Massé: c/ Paseo Marítimo, 5
Persígueme: c/ Tinte
Cambalache: c/ José del Toro, 20
La Canela: Avda. Marqués de Comillas, s/n
El Barabass: c/ Muñoz Arenilla

Beaches

La Caleta is the only beach inside the old quarters of the city. The ‘Balneario de la Palma’ (a beach spa) opened in 1926. It was built at the centre of the beach.

In the new part of the city you will find the beaches of Santa María del Mar, La Victoria and Cortadura. Together they add up to 10 Km. of fine sand beaches. During the summer you can join in all the activities available such as windsurfing championships, beach–volley, aerobics, etc.–

k2 internacional

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Centro acreditado por:

